

# CSD 10K Distance Run 2025

Date : 11 January 2025

## 部門院所際- 男子組隊際

Rank	teamcat	Institution	Bib	Name	姓名	TeamTime	OfficialTime
1	CSD	SPP	390	HO Man-lit	何汶烈	3:06:27	0:35:27
1	CSD	SPP	412	KWOK Chun-tat	郭駿達	3:06:27	0:35:31
1	CSD	SPP	381	YIM Tat-yip	嚴達業	3:06:27	0:37:23
1	CSD	SPP	385	LAU Chiu-wang	劉釗宏	3:06:27	0:37:38
1	CSD	SPP	389	LI Hong-ching	李康政	3:06:27	0:40:28
2	CSD	LCKRC	496	LAW Leong-tim	羅亮添	3:15:33	0:33:44
2	CSD	LCKRC	502	CHEN Zhongyuan	陳鍾遠	3:15:33	0:34:42
2	CSD	LCKRC	482	HO Wing-yip	何詠業	3:15:33	0:41:25
2	CSD	LCKRC	479	LEUNG Ka-wing	梁家榮	3:15:33	0:42:06
2	CSD	LCKRC	168	WONG Kai-yin	黃啟賢	3:15:33	0:43:37
3	CSD	PUCI	145	YIP Tung-hoi	葉東海	3:16:56	0:34:32
3	CSD	PUCI	146	LO Chun-bong	盧焯邦	3:16:56	0:35:24
3	CSD	PUCI	147	LEUNG Man-hon	梁文瀚	3:16:56	0:39:27
3	CSD	PUCI	148	NG Man-ho	吳文灝	3:16:56	0:43:28
3	CSD	PUCI	154	CHOW Wai-hang	周偉恆	3:16:56	0:44:05

# CSD 10K Distance Run 2025

Date : 11 January 2025

## 部門院所際 - 女子組隊際

Rank	teamcat	Institution	Bib	Name	姓名	TeamTime_	OfficialTime
1	CSDW	LWCI	368	CHAN Yin-ting	陳燕婷	2:26:47	0:46:19
1	CSDW	LWCI	369	SIN Ka-wai	冼嘉慧	2:26:47	0:47:31
1	CSDW	LWCI	372	WONG Man-ying	黃文英	2:26:47	0:52:58
2	CSDW	TLCW	189	WONG Yu-chit	黃予婕	2:29:00	0:45:52
2	CSDW	TLCW	192	KWOK Wun-chi	郭煥芝	2:29:00	0:47:56
2	CSDW	TLCW	190	TONG Wing-yuk	唐穎玉	2:29:00	0:55:12
3	CSDW	LKCI	117	LAW Ling-ling	羅玲玲	2:33:48	0:49:04
3	CSDW	LKCI	121	MA Tian	馬天	2:33:48	0:51:08
3	CSDW	LKCI	120	WONG Yin-ping	黃燕萍	2:33:48	0:53:37